

1 days /0 nights

Snowshoeing in Valle Fredda from Rifugio Heidi

Winter Hike in the Heart of Abruzzo

starting from **15-€ 13.5 €**

SKU: ISY0032

15 PLACES AVAILABLE

 **Departure from** 08 February 2026

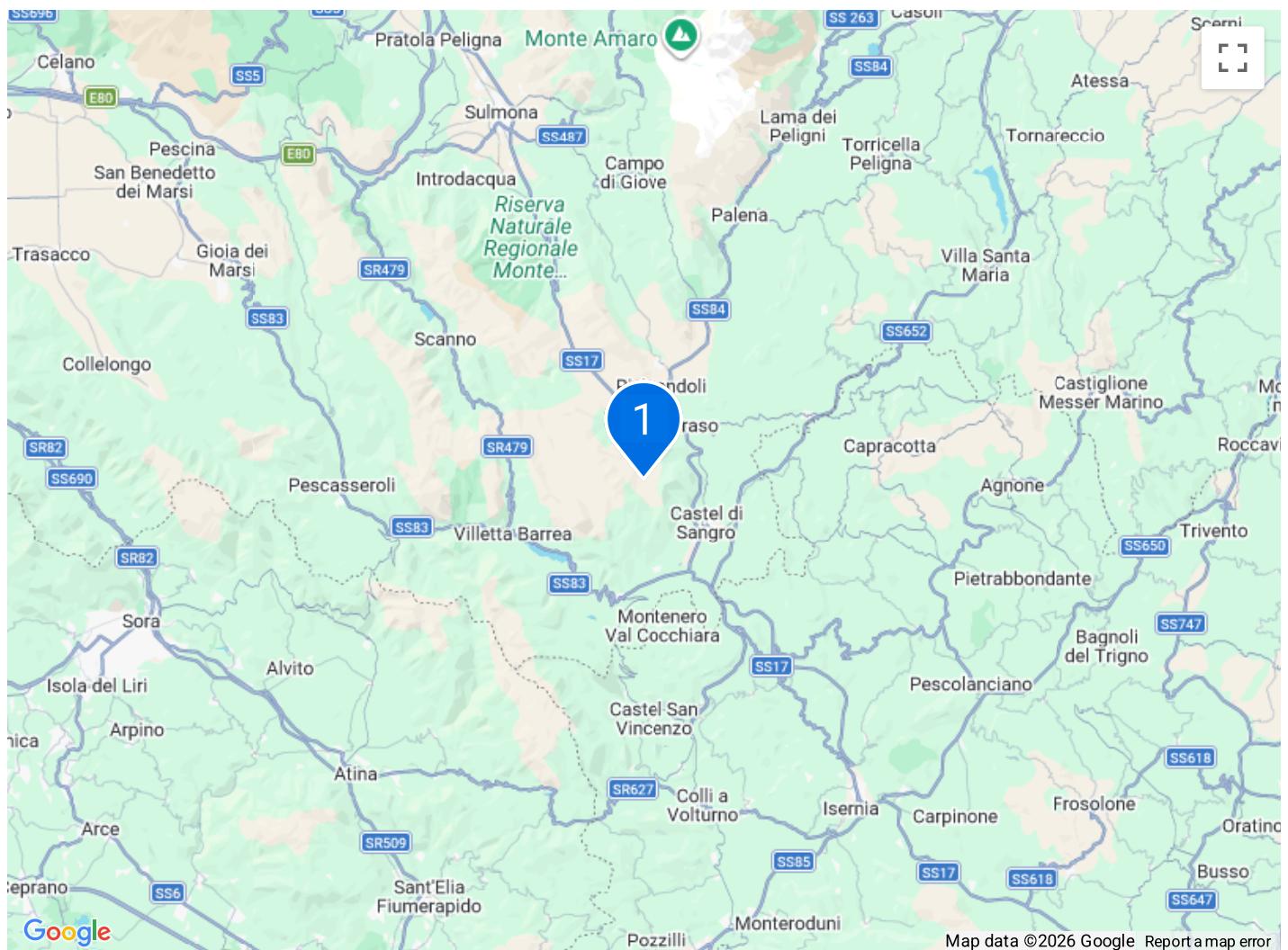
 Group	 Round trip
 Snowshoeing - S...	 1 giorni
 4 hours	 Medium

 **Operated by** [HikeLife](#)

Tour Overview

Discover the beauty of Valle Fredda on a snowshoe hike. Follow the ancient Celano–Foggia trail, visit the rock-hewn church of Madonna del Carmine, and enjoy the breathtaking views of Montagna Spaccata. An ideal experience to explore the Abruzzo mountains in winter, immersed in nature and history.

i More information regarding the time and meeting point for the first/last day will be provided after the booking.



Itinerary

Travel Notes

Valle Fredda



The meeting point is at 09:45 at Rifugio Heidi, the starting point for our winter snowshoe hike in Valle Fredda. After a short cable car ride, we will begin our snowshoe adventure. We will follow the ancient Celano–Foggia trail, stopping at the Tre Fontane spring, a traditional resting point for shepherds. Next, we will explore the rock-hewn church of Madonna del Carmine and the Macerete and La Ria shepherds' huts, then descend to the Imposto pass and enjoy the spectacular view of Montagna Spaccata. The hike concludes with a forest loop and a visit to the medieval church of Madonna del Casale. A perfect experience for anyone wanting to explore the Abruzzo mountains in winter, surrounded by nature, history, and snow.

Duration:

Height difference: 220 m

Accommodation: Valle Fredda



Supplements

Snowshoe and pole rental

Price starting from: 5.00

Price and discount rooms

Triple Room

Third place is entitled to:

-  60% discount if occupied by a child
-  40% discount if occupied by a child
-  10% discount if occupied by an extra adult

Quadruple Room

The two additional seats are entitled to:

-  60% discount for each child
-  40% discount for every child
-  10% discount for each extra adult

SNOWSHOEING IN VALLE FREDDA FROM RIFUGIO HEIDI

Departure dates

 08 February 2026
→
08 February 2026

starting from
~~15€~~
13.5 €

What's included

-  Tour guide
-  Phone assistance
-  Tour Operator Guarantees

What you will visit

 Valle Fredda

To know

How to get there

By Car: A24 Sulmona exit

By Train: Sulmona train station

Features of the trip

Open to travelers of all ages. You will travel either independently or in a group, with full support from the agency. On a group vacation, you may meet people from different countries with habits different from your own. For a cycling holiday, you might find yourself riding with people on e-bikes as well as those on traditional bikes. Respect everyone's space and enjoy yourself. The tour is organized by local guides and operators, carefully selected for you

General travel information

Remember to bring a valid passport or ID card with an expiration date of at least 6 months from the departure date. The itinerary may be subject to changes before and/or during the trip. On a group tour and in certain specific villages, it may be necessary to use dispersed accommodation due to the lack of large facilities. Please inform us of any food intolerances at the time of booking: we will do our best to accommodate them, but we cannot guarantee it. Tourist taxes to be paid locally.

Currency

Euro

Vaccinations

No

Documents and visas

No

Emergency numbers

Emergency Number: 112

Electrical sockets

220v

Level of difficulty of the experiences

 Difficult

 Medium

 Easy

 Hard

Travel terms and conditions

We invite you to read the documentation regarding the general terms and conditions of sale for travel packages at the following link: [Travel Terms and Conditions](#)

Thank you for choosing our services. Be real. It's Isy!