

4 days / 3 nights

Inclusive Tour in Abruzzo for Every Cyclist

A journey where Everyone can pedal together




starting from **450 €**

SKU: ISY0005

 Availability on Request

 Individual  Itinerant

 Handbike/Ta...  4 giorni

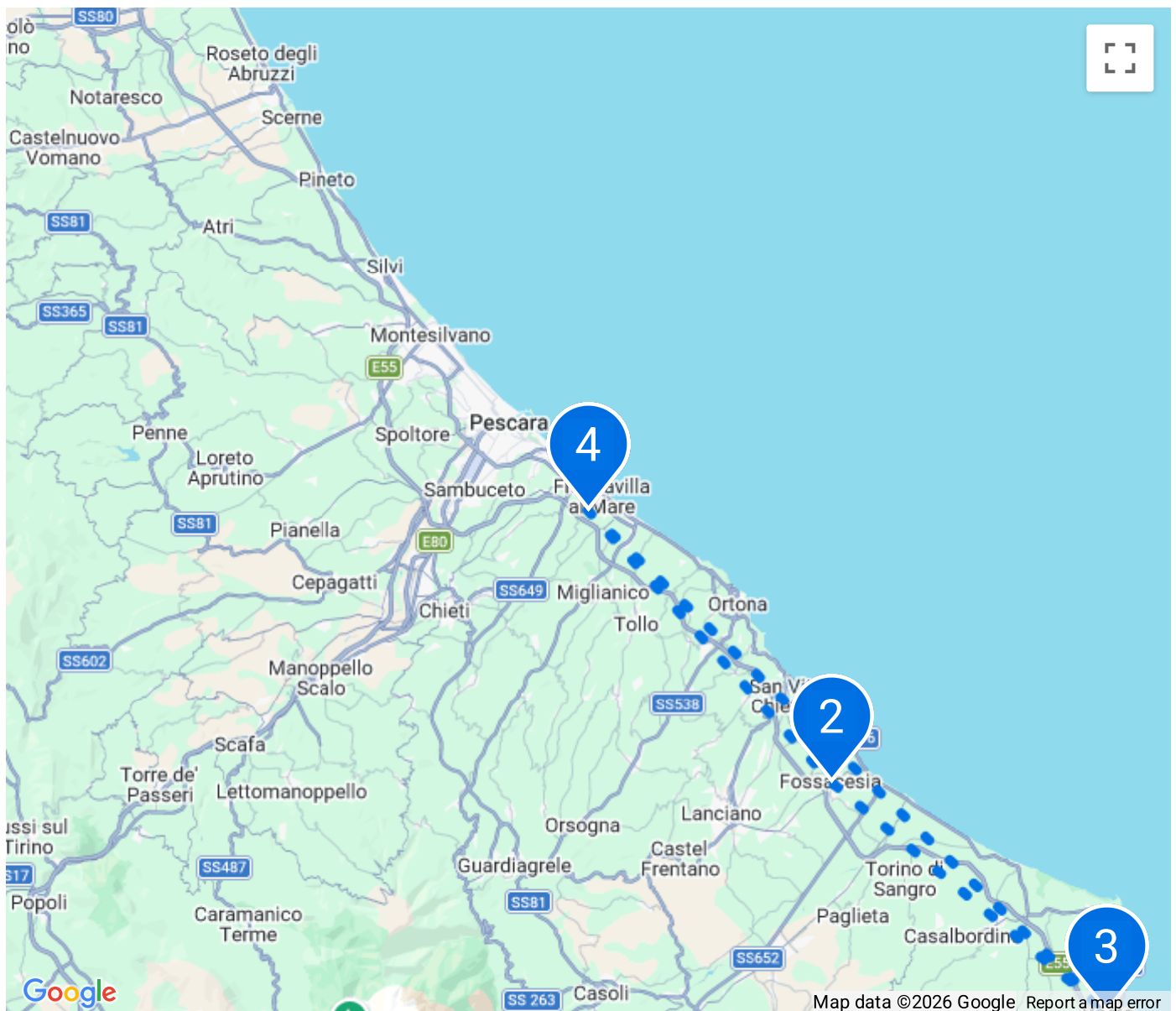
 60 Km  **Easy**

 Operated by **BikeLife**

Tour Overview

An accessible cycling experience in Abruzzo, suitable for handbikes, e-handbikes, mountain tandems, and traditional bicycles. The tour combines nature, culture, and independence, with rolling hills, coastal paths, and barrier-free accommodations.

 More information regarding the time and meeting point for the first/last day will be provided after the booking.

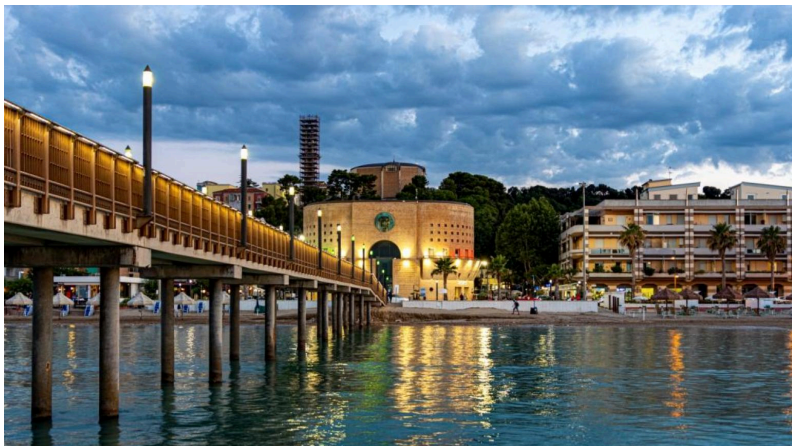


Francavilla al Mare

Arrival at the accommodation and test of rented bikes. Dinner on your own and overnight stay.

Duration:

Accommodation: Francavilla al Mare



Fossacesia

After breakfast, we depart for the province of Chieti, heading towards the Costa dei Trabocchi. This ride will take us to visit Ortona, where we'll see the Aragonese Castle before exploring the historic center and stopping for coffee. We'll then set off towards San Vito Chietino, taking the Trabocchi bike path, passing through the Acquabella reserve and crossing the Moro River (a historic site of the great battle of Ortona). Along the way, we'll see the first trabocchi (the very first one is the Mucchiola), followed by a visit to the fishing village of San Vito and a gelato break. Continuing on the bike path, we'll pass Rocca San Giovanni and arrive at Fossacesia Marina. For those interested, there's an option to climb (6%) to the Abbey of San Giovanni in Venere, where you can enjoy a beautiful visit to the cloister and the Romanesque Benedictine interiors. Arrival at the hotel. Dinner on your own and overnight stay.

Duration:

Height difference: 190 m

Accommodation: Fossacesia



Vasto

After breakfast and watching the sunrise (for those who wake up early), we depart for Vasto Marina along the Trabocchi Cycle Path, reaching Casalbordino Lido and taking the trail of the Punta Aderci Reserve, where we will admire the beauty of nature with the Punta Aderci trabocco nestled in the bay of the same name. We continue towards Punta Penna and arrive at Vasto Marina at the monument dedicated to the bather, which leads us into the Gulf of Vasto, where our tour concludes. Arrival at the hotel. Dinner on your own and overnight stay.

Duration:

Height difference: 190 m

Accommodation: Vasto



Francavilla al Mare

After breakfast, departure from Vasto with a transfer to Francavilla al Mare, where you will have left your cars. End of services.

Duration:

Accommodation: Trabocchi Coast



Supplements

Cancellation Insurance (see terms and conditions)

Corresponds to 5.00% of the full participation fee, per person (terms and conditions, available only for residents in Italy). By choosing cancellation insurance, you will have to pay the full amount of the order at checkout.

[Download insurance details.](#)

Basic Insurance (see terms and conditions)

[Download insurance details.](#)

E Handbike

The Off-Road bike has been designed to tackle the most extreme off-road conditions, allowing access to places previously unimaginable. Mountain roads, dirt trails, rocks, or sand are no longer situations beyond reach. The Explorer is the most advanced off-road handbike of its kind, featuring independent suspension, hydraulic disc brakes, and electric assistance of 500W, 750W, or 1000W, along with a Rohloff 500/14 gearbox. But the feature that truly makes the Explorer unique is the chest steering, which allows riders to maintain their line and navigate curves without interrupting the pedaling action with their hands.

Size: Taglia unica

Price starting from: 140.00



E Tandem

Tandems are designed to allow two people to pedal together in a synchronized and coordinated manner, providing a shared and enjoyable cycling experience. The E-Tandem is a mountain bike with a B-POWER 1000 watt battery. It features an aluminum frame and a carbon fork, 29-inch wheels, disc brakes, and a motor with a power output of 250 watts (500 watts peak), equipped with an EP3+ Polini motor and a maximum torque of 75 Nm.






Size: Taglia unica

Price starting from: 140.00

Price and discount rooms




Triple Room

Third place is entitled to:

-  60% discount if occupied by a child
-  40% discount if occupied by a child
-  10% discount if occupied by an extra adult

Quadruple Room

The two additional seats are entitled to:

-  60% discount for each child
-  40% discount for every child
-  10% discount for each extra adult

Sup. Single rooms: €

Departures on request

starting from **450 €**
April 2026

starting from **450 €**
May 2026

starting from **450 €**
June 2026

starting from **510 €**
July 2026

starting from **510 €**
**August
2026**

starting from **450 €**
**September
2026**

starting from **450 €**
**October
2026**

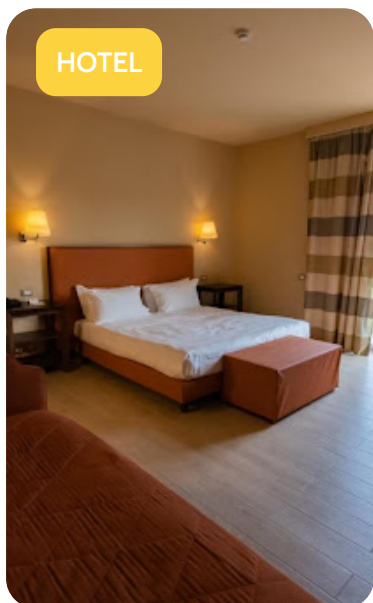
What's included

- ✓ Phone assistance
- ✓ Breakfast
- ✓ Travel document
- ✓ Tour Operator Guarantees
- ✓ Overnight stay in a Double Room
- ✓ Stay in a 4-star or similar accommodation
- ✓ GPX Tracks
- ✓ Transfer
- ✓ Luggage transport

What you will visit

- 📍 Francavilla al Mare
- 📍 Fossacesia
- 📍 Vasto
- 📍 Francavilla al Mare

Accommodation



Francavilla al Mare



Fossacesia



Vasto

To know

✓ How to get there

By car: Exit A14 Pescara Sud Francavilla al Mare

By train: Francavilla al Mare railway station

By plane: Abruzzo Airport and Ancona Airport

✓ Features of the trip

Open to travelers of all ages. You will travel either independently or in a group, with full support from the agency. On a group vacation, you may meet people from different countries with habits different from your own. For a cycling holiday, you might find yourself riding with people on e-bikes as well as those on traditional bikes. Respect everyone's space and enjoy yourself. The tour is organized by local guides and operators, carefully selected for you.

✓ General travel information

Remember to bring a valid passport or ID card with an expiration date of at least 6 months from the departure date.

The itinerary may be subject to changes before and/or during the trip. On a group tour and in certain specific villages, it may be necessary to use dispersed accommodation due to the lack of large facilities. Please inform us of any food intolerances at the time of booking; we will do our best to accommodate them, but we cannot guarantee it. Tourist taxes to be paid locally.

✓ Currency

Euro

✓ Vaccinations

No

✓ Documents and visas

Passport / ID card

✓ Emergency numbers

Emergency number: 112

✓ Electrical sockets

220v

Level of difficulty of the experiences

 **Difficult**

 **Medium**

 **Easy**

 **Hard**

Travel terms and conditions

We invite you to read the documentation regarding the general terms and conditions of sale for travel packages at the following link: [Travel Terms and Conditions](#)

Thank you for choosing our services. Be real. It's Isy!