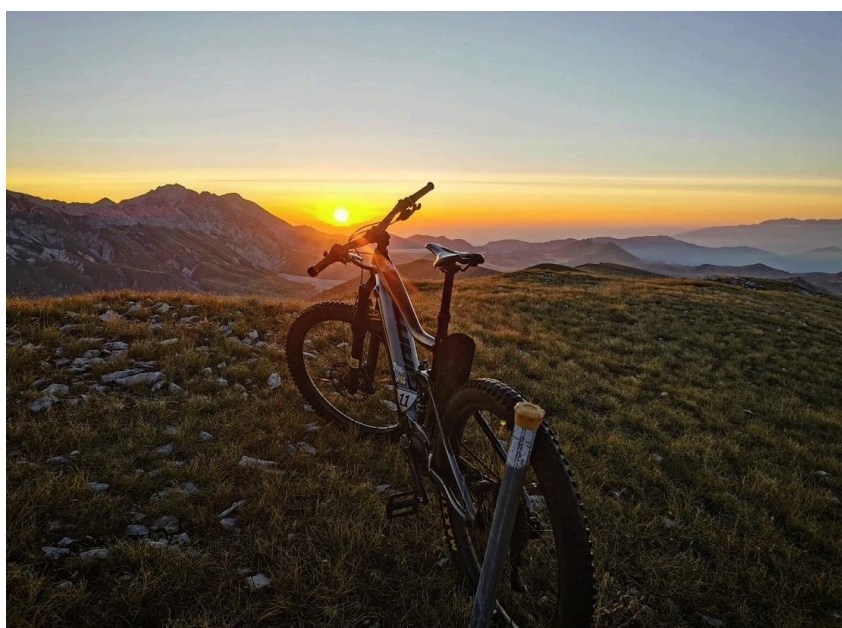


3 days / 2 nights

Epic Gran Sasso in MTB

Mountain Biking in the Heart of the Apennines



starting from **375 €**

SKU: ISY0004

 Availability on Request

 Individual

 Itinerant

 Mtb

 3 giorni


 135 Km

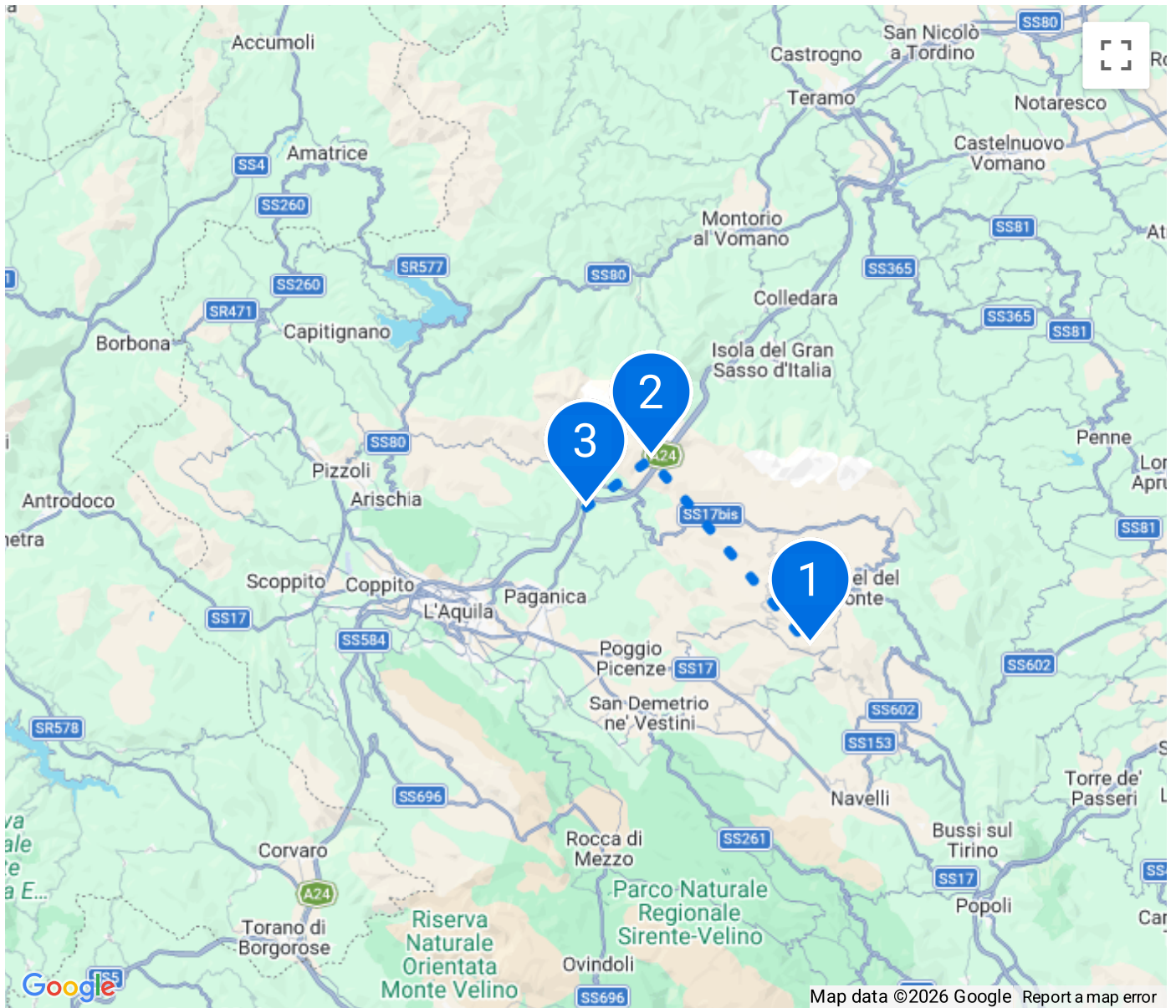
 **Medium**

 Operated by **BikeLife**

Tour Overview

Epic Gran Sasso by MTB takes you through the Aquila side of Campo Imperatore, across mountains, lakes, and high-altitude meadows. Ride scenic trails immersed in nature, visit iconic villages such as Santo Stefano di Sessanio and Rocca Calascio, cross spectacular canyons, and stay in charming mountain refuges, enjoying a truly unique experience under the starry sky.

 More information regarding the time and meeting point for the first/last day will be provided after the booking.



Itinerary

Travel Notes

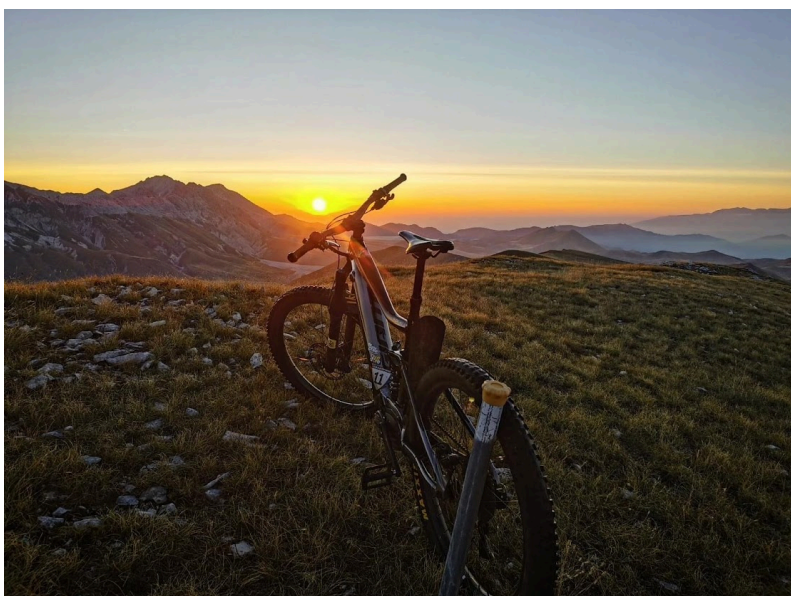
Rocca Calascio

Arrival in Assergi independently, in the late morning. Optional bike fitting for rented bikes. Your luggage will be transported and waiting for you directly in Calascio. Departure for the first trail of the weekend: you will ride through mountains, meadows, and small lakes, encountering shepherds grazing and alternating between open trails and forested tracks. Along the way, you can admire the Schizzataru Waterfalls, famous for forming a rainbow within their waters, and follow the Via Piana, a long, gently ascending dirt road that runs alongside Monte Carpesco and the Locce of Santo Stefano. The route continues to the octagonal church of Santa Maria della Pietà and the magnificent Rocca di Calascio, best admired at sunset. Arrival at the accommodation, followed by dinner and overnight stay.

Duration:

Height difference: 1200 m

Accommodation: Rocca Calascio



Campo Imperatore

After a hearty breakfast, we leave the stunning church of Santa Maria della Pietà and head towards the Campo Imperatore plateau. Along the way, we will pass Racollo Lake and its refuge, where you can admire grazing horses. We will ride along trails and mule tracks leading to Vado di Corno and the plateau's small lakes. Leaving the plains of the "Little Tibet," we enter the scenic Valianara Canyon, made famous by numerous film shoots, including the classic movie *They Call Me Trinity*. At the end of the canyon, a picnic break awaits at Mucciante Refuge, where you can enjoy the famous Abruzzo arrosticini, purchased directly from the high-mountain butcher and cooked independently on the provided grills. Refreshed and rested, we continue towards the Gran Sasso summit to reach the iconic Pietranzoni Lake, from where you can admire Corno Grande reflected in its waters. Arrival at the accommodation, followed by dinner and overnight stay.

Duration:

Height difference: 1250 m

Accommodation: Campo Imperatore



Assergi

After breakfast, with a view over the Aquila valley, we head towards Vado di Corno, a panoramic point at 1,924 m where you can enjoy a spectacular view of Corno Grande and encounter local wildlife, including chamois. We then tackle a long and fun single trail downhill that brings us back to the Campo Imperatore plateau. The ride continues to Monte Cristo, a stunning viewpoint from which we can admire the Gran Sasso one last time. From here, a long descent of over 20 km awaits, first taking us to Fonte Cerreto, where we can refill our bottles, then to San Pietro a Jenca, home of the Sanctuary of Saint John Paul II, and finally into the Valle del Vasto, where an easy and enjoyable single trail leads back to Assergi, the tour's finishing point. End of services.

Duration:

Height difference: 600 m

Accommodation: Assergi



Supplements

Cancellation Insurance (see terms and conditions)

Corresponds to 5.00% of the full participation fee, per person (terms and conditions, available only for residents in Italy). By choosing cancellation insurance, you will have to pay the full amount of the order at checkout.

[Download insurance details.](#)

Basic insurance (see terms and conditions)

Corresponds to 2.50% of the full participation fee, per person (terms and conditions, available only for residents of Italy).

[Download insurance details.](#)

E Bike Mtb Front

With the Bianchi E-Vertic FX-Type, you have the chance to embark on a unique adventure in Abruzzo! This electric bike is perfect for those who love off-road cycling and want to explore trails that wind through rolling hills and charming beaches. Images, colors, and patterns are to be considered as examples only and are not binding.

Size: L - XL

Price starting from: 114.00



E Bike Mtb Full

Experience the thrill of the Bianchi E-Vertic FX-Type e-bike, crafted to handle all kinds of terrain and provide an exceptional off-road journey. Rent it in Pescara and explore the diverse landscapes of Abruzzo, from its gentle hills to demanding trails. Reserve now and enjoy a thrilling and memorable outdoor adventure! Images, colors, and patterns are to be considered as examples only and are not binding.

Size: L - M - XL




Price starting from: 114.00



Price and discount rooms




Triple Room

Third place is entitled to:

-  60% discount if occupied by a child
-  40% discount if occupied by a child
-  10% discount if occupied by an extra adult

Quadruple Room

The two additional seats are entitled to:

-  60% discount for each child
-  40% discount for every child
-  10% discount for each extra adult

Sup. Single rooms: €

Departures on request

starting from **375 €**
April 2026

starting from **375 €**
May 2026

starting from **415 €**
June 2026

starting from **415 €**
July 2026

starting from **415 €**
**August
2026**

starting from **375 €**
**September
2026**

starting from **375 €**
**October
2026**

What's included

- ✓ 2 Dinners
- ✓ Phone assistance
- ✓ Breakfast
- ✓ Travel document
- ✓ Tour Operator Guarantees
- ✓ Overnight stay in a Double Room
- ✓ Stay in a 3-star establishment or similar
- ✓ GPX Tracks
- ✓ Luggage transport

What you will visit

- 📍 Rocca Calascio
- 📍 Campo Imperatore
- 📍 Assergi

Accomodation



Rocca Calascio



Campo Imperatore



Assergi

To know

✓ How to get there

By Car: A25 L'Aquila exit

By Train: L'Aquila train station

By Plane: Abruzzo Airport or Rome Airport

✓ Features of the trip

Open to travelers of all ages. You will travel either independently or in a group, with full support from the agency. On a group vacation, you may meet people from different countries with habits different from your own. For a cycling holiday, you might find yourself riding with people on e-bikes as well as those on traditional bikes. Respect everyone's space and enjoy yourself. The tour is organized by local guides and operators, carefully selected for you

✓ General travel information

Remember to bring a valid passport or ID card with an expiration date of at least 6 months from the departure date. The itinerary may be subject to changes before and/or during the trip. On a group tour and in certain specific villages, it may be necessary to use dispersed accommodation due to the lack of large facilities. Please inform us of any food intolerances at the time of booking; we will do our best to accommodate them, but we cannot guarantee it. Tourist taxes to be paid locally.

✓ Currency

Euro

✓ Vaccinations

No

✓ Documents and visas

Passport, ID card

✓ Emergency numbers

Emergency number: 112

✓ Electrical sockets

220v

Level of difficulty of the experiences

 **Difficult**

 **Medium**

 **Easy**

 **Hard**

Travel terms and conditions

We invite you to read the documentation regarding the general terms and conditions of sale for travel packages at the following link: [Travel Terms and Conditions](#)

Thank you for choosing our services. Be real. It's Isy!