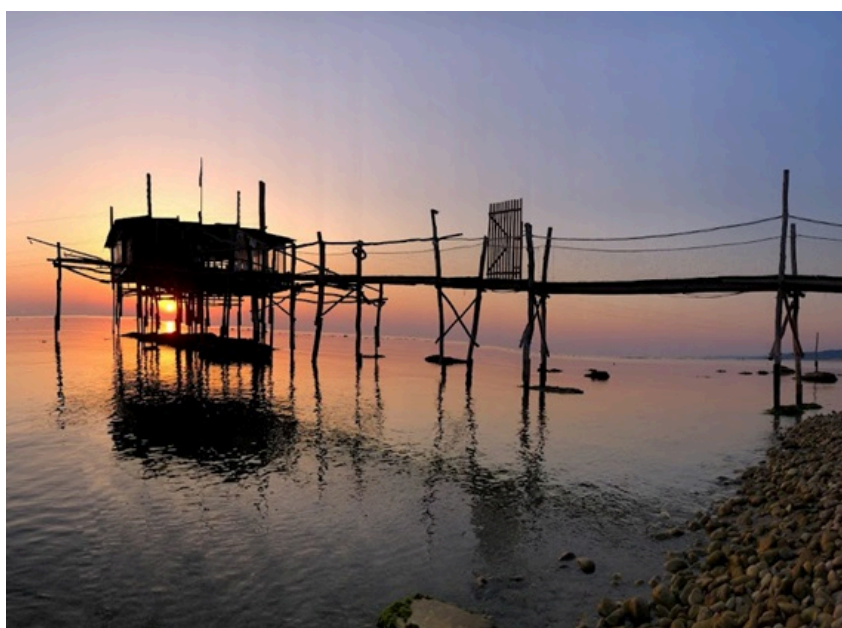


6 days / 5 nights

# Costa dei Trabocchi 4 Action

Summer Explore



starting from **850 €**

SKU: **ISY0048**

8 PLACES AVAILABLE

 **Departure from** 20 June 2026

 Group

 Itinerant

 Multi-Activity

 6 giorni


 40 Km -8 Ho...

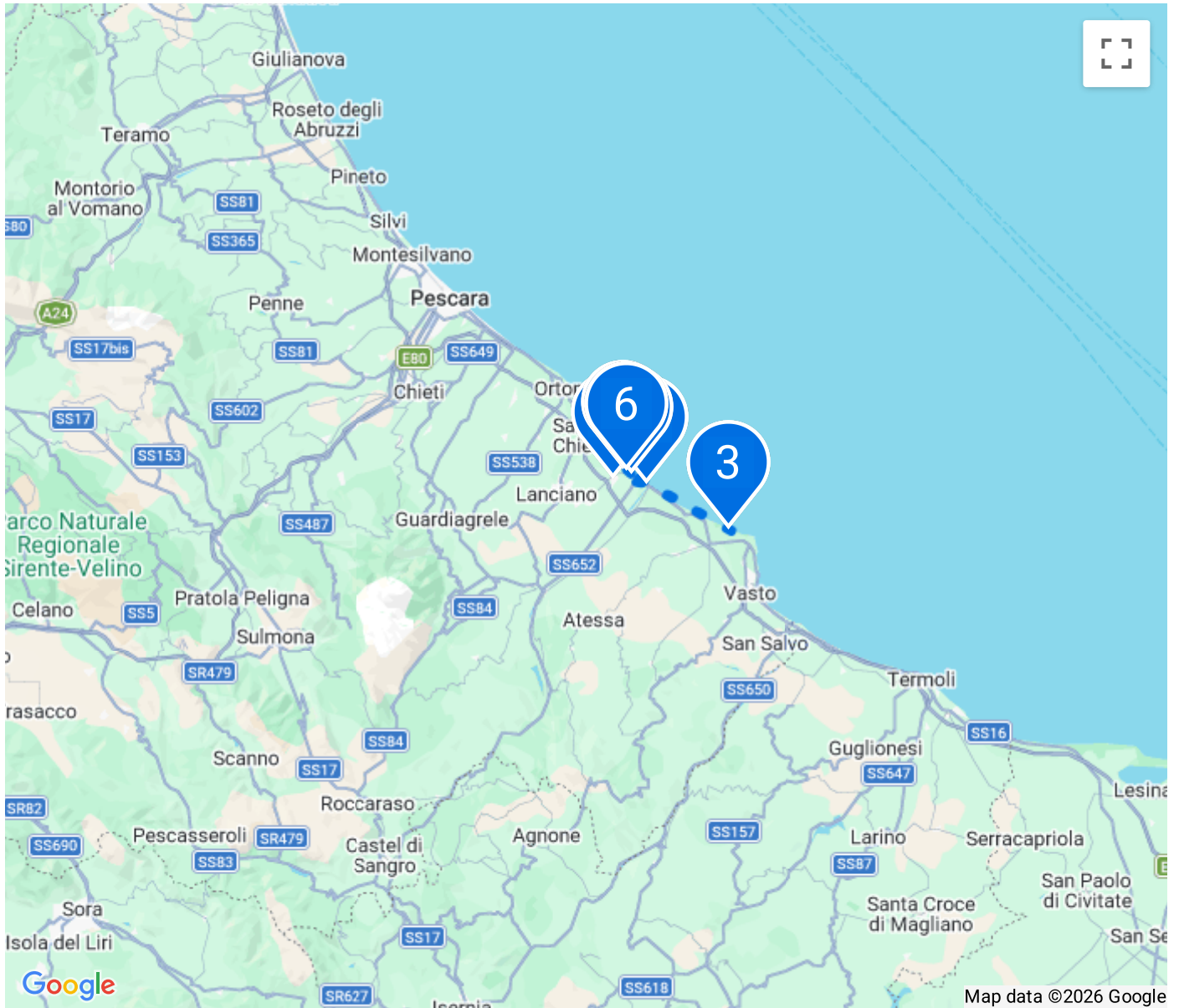
 **Easy**

 Operated by **BikeLife**

## Tour Overview

Guided by local experts, enjoy active days full of discovery, including tastings on the trabocchi and on board the boat. The price includes accommodation with half board, excursions, activities, and a guide for the entire tour. Travel, unspecified drinks, optional activities, and personal expenses are not included.

 More information regarding the time and meeting point for the first/last day will be provided after the booking.



# Itinerary

Travel Notes

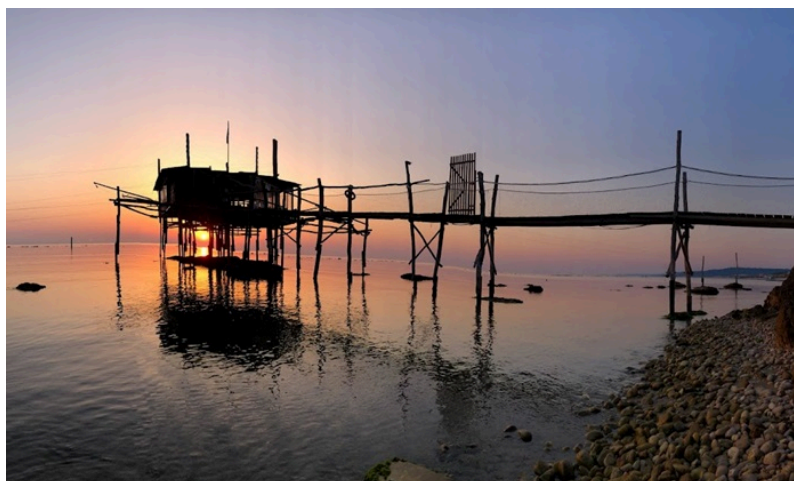
## Fossacesia

Arrival in the afternoon in Fossacesia (or another location along the Costa dei Trabocchi, depending on hotel availability). Arriving in the afternoon in the seaside village on the Costa dei Trabocchi allows for a first acquaintance with the area and the opportunity to take a swim in the Adriatic while waiting for the evening dinner.

Duration:

Height difference: 30 m

Accommodation: Fossacesia



## Fossacesia

Morning free to spend at the beach. In the afternoon, individual arrival at the docking point to meet the crew and depart for a boat trip along the coast, discovering the coves with their eponymous trabocchi. An aperitif on board, with views of the sea and mountains, will conclude a day that perfectly represents the spirit of the holiday.

Duration:

Accommodation: Fossacesia



## Punta Aderci

Meeting at the hotel for a cycling excursion to discover Punta Aderci. Heading south, we will pass through several villages until reaching the Punta Aderci and Punta Penna nature reserve, with its lighthouse, and enjoy a spectacular horizon with the eponymous trabocco serving as the perfect backdrop for our photos. Return to the hotel and dinner.

Duration:

Height difference: 200 m

Accommodation: Punta Aderci



## Fossacesia

Immersive trekking along the Costa dei Trabocchi to discover the coastline, the Abbey of San Giovanni in Venere, and the wooded environment of Bosco Fosso di San Giovanni. We will start from a typically seaside landscape and venture into a hidden forested valley, arriving at the Abbey to explore its interiors, cloister, and the belvedere with views reaching all the way to the Tremiti Islands. In the evening, experience a dinner on a trabocco featuring locally caught seafood.

Duration:

Accommodation: San Giovanni in Venere



## Fossacesia

In the morning, meet to get into the kayaks and explore a stretch of coast full of coves, with the option to swim and snorkel (equipment provided upon request) to discover the clear Abruzzo seabed. The afternoon is free to enjoy some relaxation by the sea. Return to the hotel and dinner.

Duration:

Accommodation: Fossacesia



## Fossacesia

After breakfast, depart for respective destinations. End of services.

Duration:

Accommodation: Fossacesia



## Supplements

### Cancellation Insurance (see terms and conditions)

Corresponds to 5.00% of the full participation fee, per person (terms and conditions, available only for residents in Italy). By choosing cancellation insurance, you will have to pay the full amount of the order at checkout.

[Download insurance details.](#)




### Basic Insurance (see terms and conditions)

[Download insurance details.](#)

# Price and discount rooms




## Triple Room

Third place is entitled to:

-  60% discount if occupied by a child
-  40% discount if occupied by a child
-  10% discount if occupied by an extra adult

## Quadruple Room

The two additional seats are entitled to:

-  60% discount for each child
-  40% discount for every child
-  10% discount for each extra adult

Sup. Single rooms: €

## Departure dates

 **20 June 2026**  
→  
25 June 2026 starting from **850 €**

 **18 July 2026**  
→  
23 July 2026 starting from **850 €**

 **22 August 2026**  
→  
27 August 2026 starting from **850 €**

 **12 September 2026**  
→  
17 September 2026 starting from **750 €**

## Departures on request

starting from **750 €**

**April 2026**

starting from **750 €**

**May 2026**

starting from **850 €**

**June 2026**

starting from **850 €**

**July 2026**

starting from **850 €**

**August  
2026**

starting from **750 €**

**September  
2026**

starting from **750 €**

**October  
2026**



# What's included

- ✓ Phone assistance
- ✓ Dinner (without drinks)
- ✓ Trabocco dinner
- ✓ Breakfast
- ✓ Travel document
- ✓ Boat Experience with Aperitif
- ✓ Bike Experience
- ✓ Kayak Experience
- ✓ Tour Operator Guarantees
- ✓ Overnight stay in a Double Room
- ✓ Guide and escort service for the entire duration of the tour
- ✓ Stay in a 3-star establishment or similar
- ✓ GPX Tracks

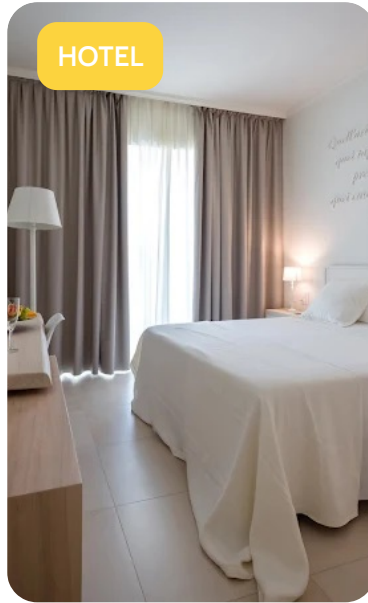
# What you will visit

- 📍 Fossacesia
- 📍 Fossacesia
- 📍 Punta Aderci
- 📍 Fossacesia
- 📍 Fossacesia
- 📍 Fossacesia

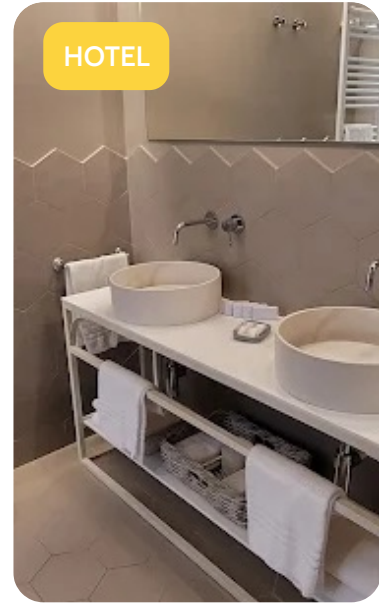
# Accomodation



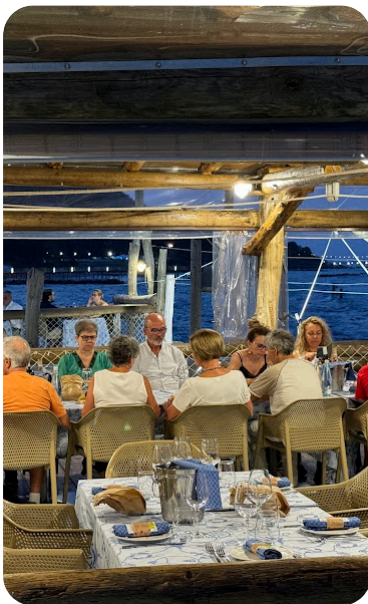
Fossacesia



Fossacesia



Fossacesia



Fossacesia



Fossacesia



Fossacesia

# To know

## ✔ How to get there

By Car: exit A14 Val di Sangro.

By Train: Fossacesia-Torrente Trigno train station.

By Plane: nearest airports Abruzzo Airport (Pescara) or Ancona-Falconara Airport.

## ✔ Features of the trip

Open to travelers of all ages. You will travel either independently or in a group, with full support from the agency. On a group vacation, you may meet people from different countries with habits different from your own. For a cycling holiday, you might find yourself riding with people on e-bikes as well as those on traditional bikes. Respect everyone's space and enjoy yourself. The tour is organized by local guides and operators, carefully selected for you

## ✔ General travel information

Remember to bring a valid passport or ID card with an expiration date of at least 6 months from the departure date. The itinerary may be subject to changes before and/or during the trip. On a group tour and in certain specific villages, it may be necessary to use dispersed accommodation due to the lack of large facilities. Please inform us of any food intolerances at the time of booking; we will do our best to accommodate them, but we cannot guarantee it. Tourist taxes to be paid locally.

## ✔ Currency

Euro

## ✔ Vaccinations

No

## ✔ Documents and visas

ID Card or Passport

## ✔ Emergency numbers

Emergency number: 112

## ✔ Electrical sockets

220v

# Level of difficulty of the experiences

 **Difficult**

 **Medium**

 **Easy**

 **Hard**

## Travel terms and conditions

We invite you to read the documentation regarding the general terms and conditions of sale for travel packages at the following link: [Travel Terms and Conditions](#)

Thank you for choosing our services. Be real. It's Isy!