

5 days /4 nights

The Wine Harvest Experience and the Teramo Wine Routes by Bike

Riding through the hills of Montepulciano d'Abruzzo



starting from **935 €**

SKU: ISY0036

10 PLACES AVAILABLE

 **Departure from** 07 October 2026

 Group

 Itinerant

 Bike Gravel - E Bi...

 5 giorni

 60 Km

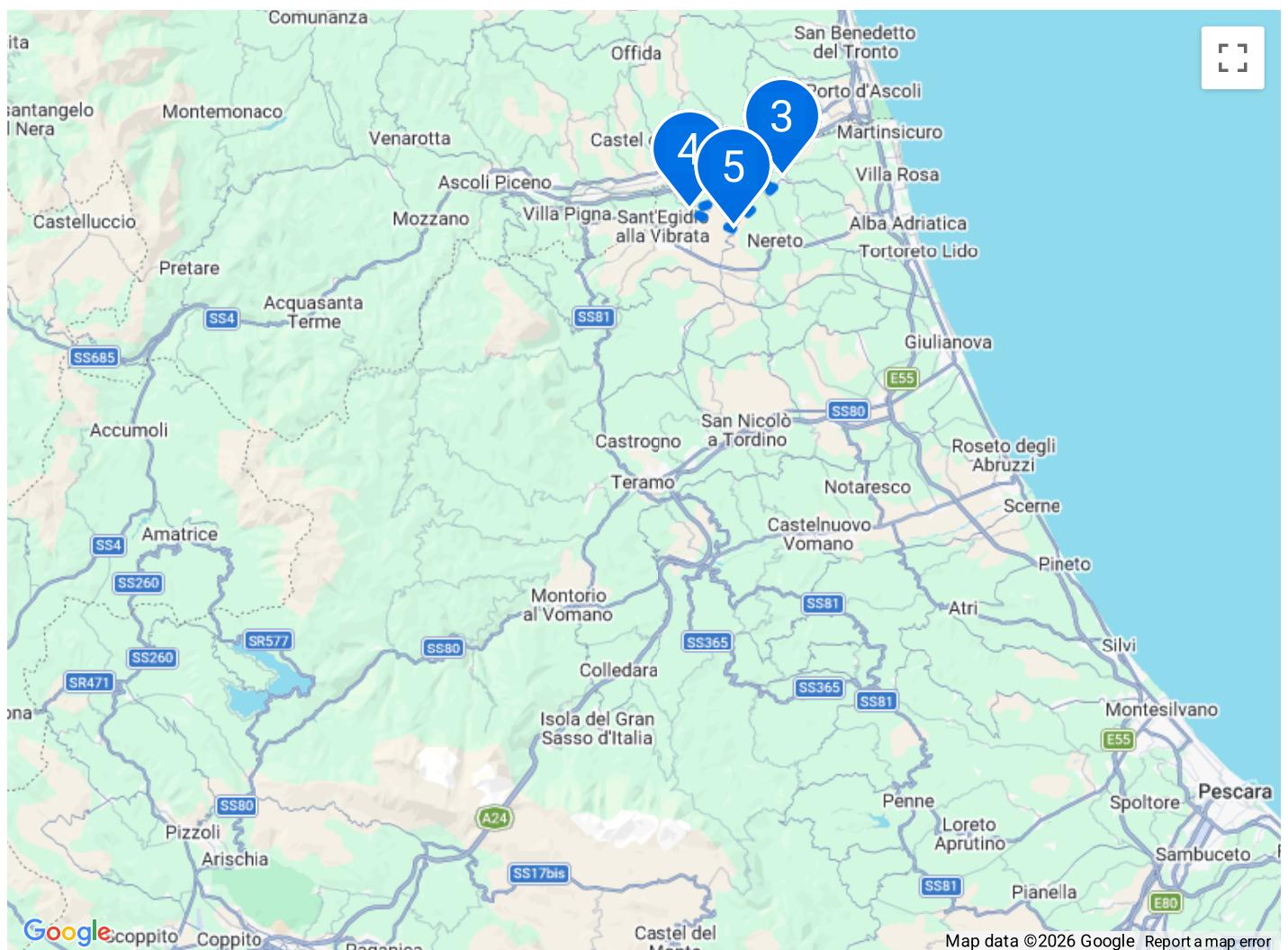
 **Easy**

 Operated by **BikeLife**

Tour Overview

Cycle through the vineyards of Montepulciano d'Abruzzo, experience the grape harvest firsthand, and discover the heart of Abruzzo's food and wine culture among wineries, charming villages, and authentic flavors. A bike tour through nature, wine, and tradition.

(i) More information regarding the time and meeting point for the first/last day will be provided after the booking.



Itinerary

Travel Notes

Torano Nuovo

The meeting point is at a renowned local winery that will host the group for a traditional Abruzzese dinner and overnight stay. A warm welcome that immediately immerses you in the region's winemaking tradition and authentic rural charm.

Duration:

Accommodation: Torano Nuovo



Controguerra

After breakfast, set off on a bike ride through the charming villages of Nereto, Corropoli, and Controguerra, crossing the rolling Teramo hills dotted with vineyards and family-run wineries. Visit historic wine estates and enjoy guided tastings of Montepulciano and Trebbiano d'Abruzzo. Return to the accommodation in the late afternoon, followed by dinner and overnight stay.

Duration:

Height difference: 480 m

Accommodation: Controguerra



Controguerra

After breakfast, you will immerse yourself in the authentic grape harvest experience by participating in the grape picking. You will follow the grapes from the vineyard to the presses and then to the barrels, closely witnessing the stages of winemaking. The day ends with an in-depth winery tour and a traditional dinner accompanied by exclusive tastings of the wines produced. Overnight stay.

Duration:

Accommodation: Controguerra



Ancarano

After breakfast, enjoy a bike ride towards Ancarano to visit local wineries. Along the route, you will also explore the charming towns of Garrufo and Sant'Omero, surrounded by beautiful landscapes and farms. Winery tastings and breathtaking views will enrich this stage. Return to Torano Nuovo for dinner and overnight stay.

Duration:

Accommodation: Ancarano



Torano Nuovo

After the final breakfast, the experience concludes with farewells and departure. An unforgettable journey into the heart of Abruzzo's food, wine, and natural beauty.

Duration:

Accommodation: Torano Nuovo



Supplements

Cancellation Insurance (see terms and conditions)

Corresponds to 5.00% of the full participation fee, per person (terms and conditions, available only for residents in Italy). By choosing cancellation insurance, you will have to pay the full amount of the order at checkout.

[Download insurance details.](#)

Basic Insurance (see terms and conditions)

[Download insurance details.](#)

Aluminum Gravel Bike

Discover the thrill of riding with the exceptional Bianchi Impulso and Bianchi Arcadex bikes, available for rent in Pescara. The Bianchi Impulso combines performance and style in a lightweight aluminum gravel model, perfect for off-road adventures and competitions. The Bianchi Arcadex offers incredible responsiveness and blends road bike speed and aesthetics, ready to explore beyond the asphalt. Ideal for discovering the wonders of Abruzzo, these bikes can tackle any terrain, from coast to hills. Book now! Images, colors, and patterns are to be considered as examples only and are not binding.

Size: 50 - 53 - 55 - 57 - 59

Price starting from: 90.00



Price and discount rooms

Triple Room

Third place is entitled to:

-  60% discount if occupied by a child
-  40% discount if occupied by a child
-  10% discount if occupied by an extra adult

Quadruple Room

The two additional seats are entitled to:

-  60% discount for each child
-  40% discount for every child
-  10% discount for each extra adult

Sup. Single rooms: €

THE WINE HARVEST EXPERIENCE AND THE TERAMO WINE ROUTES BY BIKE

Departure dates

 **07 October 2026**
→
11 October 2026

starting from
935 €

 **14 October 2026**
→
18 October 2026

starting from
935 €
888 €

Departures on request

starting from **935 €**
September 2026

starting from **935 €**
October 2026

**An exclusive gadget
for our travellers**

**A complimentary t-shirt for
participants**



What's included

- 3 Dinners (without drinks)
- 3 Wine tasting
- Phone assistance
- Breakfast
- Travel document
- Gadget
- Guide
- Overnight stay in a Double Room
- Stay in a 3-star establishment or similar
- GPX Tracks

What you will visit

- Torano Nuovo
- Controguerra
- Controguerra
- Ancarano
- Torano Nuovo

Accommodation



Torano Nuovo



Torano Nuovo



Torano Nuovo



Torano Nuovo

To know

How to get there

By Car: A14 motorway, Val Vibrata exit

By Train: Giulianova railway station

By Plane: Abruzzo Airport (Pescara) or Rome Airports (Fiumicino/Ciampino)

Features of the trip

Open to travelers of all ages. You will travel either independently or in a group, with full support from the agency. On a group vacation, you may meet people from different countries with habits different from your own. For a cycling holiday, you might find yourself riding with people on e-bikes as well as those on traditional bikes. Respect everyone's space and enjoy yourself. The tour is organized by local guides and operators, carefully selected for you.

General travel information

Remember to bring a valid passport or ID card with an expiration date of at least 6 months from the departure date. The itinerary may be subject to changes before and/or during the trip. On a group tour and in certain specific villages, it may be necessary to use dispersed accommodation due to the lack of large facilities. Please inform us of any food intolerances at the time of booking; we will do our best to accommodate them, but we cannot guarantee it. Tourist taxes to be paid locally.

Currency

Euro

Vaccinations

No

Documents and visas

ID Card, Passport

Emergency numbers

Emergency Number: 112

Electrical sockets

220v

Level of difficulty of the experiences

 Difficult

 Medium

 Easy

 Hard

Travel terms and conditions

We invite you to read the documentation regarding the general terms and conditions of sale for travel packages at the following link: [Travel Terms and Conditions](#)

Thank you for choosing our services. Be real. It's Isy!